

# Goodwill

Official Bulletin of RC Mira road

Club No. 30644

Charter : 30<sup>th</sup> Mar 1995

Editor : Rtn. Narendra Singh  
अतुल्य! | incredible  
2023-24  
Rotary  |  CREATE HOPE  
in the WORLD

Edition... Jul – Aug – Sep (QTR 1 – 23)



**Incredible Year 23-24**, the 29 years young RCMR continues to strive forward in various activities. It has its Club Centre displaying awards, trophies and certificates bagged by it- *a moral booster for its members.*

Know our DG

## An avid Photographer and Archaeologist



With his knowledge and designing expertise, he was conferred two National Awards for excellence in Packaging Design – “India Star Awards” **Arun Bhargava** awarded by Ministry of **DG 2023-24**

Commerce, Government of India. He is visiting faculty at The Indian Institute of Packaging for last 32 years, teaching packaging subjects to post graduates and diploma students. He is also trainer in packaging subjects in various industrial and business forums. Arun joined Rotary in 1996, and became president of the Rotary Club of Mumbai Andheri in 2003-04. After completing his president’s tenure, he wanted to be better equipped to help poor and needy people. He thought of enhancing his knowledge and joined Tata Institute of Social Sciences to do a one year Certificate program on “Holistic Counselling”. This program gave him good insight into human behavior.

As he completed this special program, he was invited by a well-known drug and alcohol de-addiction center in Mumbai to help their patients with counseling. He was associated with this Drug and Alcohol treatment and deaddiction center, called “Seva Dhan”, situated in Andheri West for almost 6 years, helping thousands of patients to recover from clutches of drugs and alcohol, and re-settle back in their lives in normal way. .. Working with these unfortunate people, who are outcaste by the society and by their own families, was a very important phase of learning in his life. Arun continues to use this knowledge enhancement to help people through Rotary. Joining Rotary in 1996, he has been elected as District Governor to lead the district 3141 during 2023-24.

Arun understands the value of family and relations, Joint family of 19 members, Wife Seema - A home maker (beautiful business of Marble artifacts from Home) , Son Ankur is a Robotic Engineer, Daughter, Saloni, an Odissi Dancer & Daughter in Law, Pallavi is Neuro psychologist

There is a notice board displaying essential information, like Avenue of Services, Area Of Focus, Incredible Planner of the year containing Projects and BD& Anniversaries, etc, for the members to note.

This year all the new members, with less than 3 years, have a Mentor designated to guide them. The list is displayed on NB too. RCMR plans to execute projects in its precincts to help its community, in the bargain developing its PUBLIC IMAGE. The participation of members in the club projects will enable them **explore and/or exploit their hidden talent.** Not only this, they are motivated to involve their children too, there by *sowing a seed of ‘Giving and Rendering Selfless Service’* in them too. This needs to be *extended to non-Rotarians* of their residential Society, by involving them in our projects. This will also be a great community service. To that end we are planting PARIJAT Plant- *one plant with many cures especially Arthritis*, in the societies with the hands of the chairman/ Secretary and children of the societies. The plant will have a *Rotary Placard*. Also, will be handing over TWO LAMINATED POSTERS regarding ROTARY and RCMR Activities to the Chairman/ Secy of Societies for displaying on their notice board.

RCMR has good experienced stalwarts who are good, knowledgeable speakers who deliver talks in various institutions and Rotary Clubs. To inculcate the same in new members, 15 minutes talks, by the new members, regarding their profession are planned during regular meetings. Talks in Interact club too have been chalked out.

I feel privileged to be the Incredible President of Incredible RCMR, in the incredible year 2023-24 under the guidance of the humble, down to earth and always accessible- Incredible DG Arun Bhargava.

Let we all incredible members of RCMR traverse this new incredible journey together as a TEAM and take RCMR to incredible heights.

PRESIDENT’S MESSAGE



**Beneficiaries : 80 Students.**



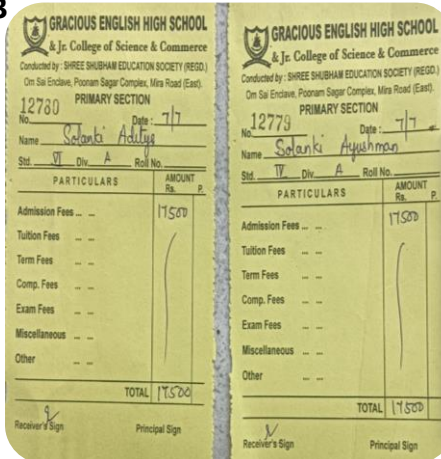
**Community Service & Public Image**

**Rain Coat Distribution - 01 Jul 23**

Under the leadership of Incredible President, Brig Ajit Srivastav, the FIRST INCREDIBLE Project Raincoat -a sight to behold on the first day of a new Rotary Year!!!. It was executed at the Municipal School No 21. Raincoats with RCMR Logos affixed were distributed to children bringing a smile on their faces. Both the children and principals thanked. Aply coordinated by Director- Non Medical, Rtn Chandrahas K. Palan, funded through collections of members and well-wishers. Also present on the occasion were Pramod Puri, Vivek Damani, Sandhya Raj Mehta, Shorya Vardhan Singh, Maggie May, Himanshu Tanwar, Darsh Mehta and Bhrugesh Shah and Rotaractors too joined "Show Rotary Cares"

**Baal Shikshan Abhiyan - 07 Jul 23**

Rtn. Vivek Damani had noticed two studious kids- Aditya and Ayusman of Mr Solanki, a labourer, in dire need of funds @ Rs 17500/- for each son for a year, to enable them continue their schooling while focussing on their sports training. Having verified the Genuity, he mustered funds and paid the school fee in GRACIOUS ENGLISH HIGH SCHOOL, Mira Road. The same brought about a joy in boys as also the parents.



**Beneficiaries : 02 Students.**



**Community Service - Education**



**Available were : 53 Donors.**

**Blood Donation Camp on Doctors Day 02 Jul 23**

The **FIRST MEDICAL**, Project of RC Mira Road -**Blood donation** Camp, was conducted at Rajiv Gandhi Blood Bank, on 2nd Jul 2023. RCMR along with IMA etc participated. There were 53 donors mostly **DOCTORS** themselves as a mark of **DOCTORS DAY**, of which were 3 Rotary donors. Thanks to Med Dir, Rtn. Dr. **ASHOK SHUKLA** for the first medical project of RCMR. Thanks to Secy Rtn Vivek Damani, Rtn Sandhya Raj Mehta, Capt. Rtn. SV Singh, Rtn. Bhrugesh Shah, R/Ann Maya Prasad, Annet Vignesh Damani for their participation. The donors were given umbrella with logo by Dr. Ashok Shukla.

**All Doctors association of Mira Bhayander**  
 Organises  
**BLOOD DONATION CAMP**

**Community Service – Medical & Public Image**



**Spiritual Gym For Cancer Patients – 06 Jul 23**

Spiritual Gym- a unique and much researched technique, was conducted for Cancer Patients at Bhaktivedant Hospital with Helping Social Foundation. Dr Shanbag, Dr Nirmal and Dr Vishnu addressed the gathering. They apprised that in one's life there are 7 types of problems- Self, Nature etc. Most ailment arise due to Eating habit, Intoxication, Gambling and Excessive sex. Self-disciple is thus a must. Mrs Korangi conducted the event comprising of Yog Nidra, Mindfulness Meditation; Body Sens;, Balloon blowing out ones worries; and Relaxing music whiling staring at the burning Candle. At the end the audience expressed their wonderful feelings. Thanks to Deepa Sur, who was instrumental in initiating this program and her team for exemplary execution.

**Beneficiaries : 65 Patients.**



**Community Service – Medical & Public Image**

**Aid to Pregnant Lady During or After - 23 Jul 23**

In continuation with the ongoing project, Mrs Gauri Dipple, resident in slums of Mahajan wadi delivered a baby girl. She was presented with the PANCH AMRIT and clothes for child and mother. She was also advised DOs & DONTs too. This act of RCMR brought hope and smile on the faces of the family.



**Beneficiaries : 01 Needy Lady.**

**Community Service - Medical**



**Talk: Kargi- VIJAY DIWAS - 26 Jul 23**

On the occasion of VIJAY DIWAS, the president was invited to deliver a talk on KARGIL- VALOUR REIGNITED by ARYA GURUKUL SCHOOL, Kalyan. The program consisted of welcome address by students, welcome song, patriotic song and dance followed by the talk on the subject by President Brig Rtn. Ajit Srivastav using an animated power point presentation using AV. The program was well orchestrated by the school. The talk was mesmerising and applauded by all.

**Available were : 250 People.**

**Community Service - Vocational**





Available : 158 Attendees.

Youth Service

**Interact Club of RBKGS– 09 Aug 23**

The **2<sup>nd</sup> Installation Ceremony Of Interact Club** of RBKGS for 103 Members, was very meticulously conducted. After Lightening of Lamp and National anthem the meeting was called to order. The dignitaries were introduced, Tulsi Plant handed Over along with welcome card. The Collar was exchanged, gong and gavel handed over to incoming president including pinning by Chief Guest Brig. Rtn. Ajit Srivastav. The BOD were pinned too. A small dance was organised. After Speech by Principal, other dignitaries and Chief Guest, the School Song was sung. The meeting was adjourned by the new President.



**77th Independence Day – 15 Aug 23**

77<sup>th</sup> Independence Day was celebrated on 15<sup>th</sup> Aug 23 at Adopted school of RCMR- Municipal School No 21, Mira Road. After welcome by Vijay Sir, the National flag was HOISTED by President Brig. Rtn. Ajit Srivastav. National Anthem was sung by all. The Maharashtra song, and other Patriotic songs were sung by children, besides dance on such songs by students. Later, soft drink, biscuits and Chips etc were served to all the 80 Children and all the staff.



Available : 88 Attendees



Community Service- Vocational



**BAGHBAAN – 21 Aug 23**

RCMR, as per the date fixed for BAGHBAAN, had celebrated it in Uttan in Kishangopal Rajpuria Vanprasth Ashram, perched on scenic mountain top the event commenced by serving LUNCH to the resident of old age home, at 1 PM. Thereafter, after they had rested, MUSICAL EVENING, from 4:30 to 7 PM, commenced for them with a bhajan. Songs were sung by Deepa Sur as also by our team- Puri ji, Sudhakar, Baba ji besides by the residents of old age home. They even danced despite ailing; all of the RCMR team too joined them. One could see the joy on the faces of the residents. The event was a memorable one.



Community Service



Available were : 125 People.



**N L Dalmia**

Reached : 325 People



**VIDHYAVIHAR HIGH SCHOOL**

**Raksha Bandhan with JAWANS – 30 Aug 23**

For the FIRST TIME the Children of various schools- NL DALMIA, ADARSH HIGH SCHOOL, EXPERT HIGH SCHOOL & JR COLLEGE, VIDHYAVIHAR HIGH SCHOOL, SANSKAR VALLEY INTERNATIONAL SCHOOL, RAIGARH DIST, were motivated to MAKE and send RAKHIS & Cards to Jawans based on border. The same were received and despatched to the JAWANS. At the locations that were given by **President of RCMR**. Thanks to **PP. Rtn. SUDHAKAR PALAN** for getting them despatched through BLUE DART.



**Community Service**



**LEH**

**JAMMU & KASHMIR**

**Raksha Bandhan with JAWANS – 30 Aug 23**

Raksha Bandhan was celebrated with POLICE PERSONALS, along with Rotaract Club Of Northern Suburbs. There was an overwhelming response by the Police personal at KANAKIA PS.



**Community Service**



Reached : 35 People

**KASHIMIRA POLICE STATION**



**ROTARY CLUB OF MANOR HIGHWAY**

**Community Service - Vocational**

Reached : 45 People

**KARGIL VALOUR REIGNITED -13 Aug 23**

On the occasion of VIJAY DIWAS, the president was invited to deliver a talk on KARGIL, by RC Manor Highway, co-hosted by RC Vasai and RC Virar. After the meeting called to order and welcome the talk commenced. The audience were totally engrossed in the eye opener and heart touching talk which was on AV. After the talk the Brig Ajit Srivastav shared the CLUB FLAG. The culminated with queries and dinner.

**Talk: KARGIL Episode - 15 Aug 23**

Following Tree plantation and handing over the Rotary Posters to Chairman & Secy of HIRACO society, the talk on KARGIL EPISODE was conducted by RCMR President Brig Rtn. Ajit Srivastav. The program consisted of welcome address by Chairman followed by the talk by President Brig Rtn. Ajit Srivastav using an animated power point presentation using AV.



**HIRACO Society**



**Community Service - Vocational**



Reached : 35 People

**Reached : 75 People**

**Talk: LOC KI ANKAHI KAHANI BRIG AJIT SRIVASTAV KI ZUBANI – 10 Aug 23**

On the occasion of VIJAY DIWAS, the president was invited to deliver a talk on KARGIL- LOC KI ANKAHI KAHANI BRIG AJIT SRIVASTAV KI ZUBANI, by RCB GREEN CITY. After the meeting called to order and welcome, the talk commenced. The audience were totally engrossed in the eye opener talk which was on AV. After the talk the Brig Ajit Srivastav shared the CLUB FLAG. The culminated with queries and dinner.



**Community Service - Vocational**

**PARIJAT TREE PLANTATION IN RESIDENTIAL SOCIETIES – 06 Aug 23**

Tree Plantation was done in Various Societies of Mira road as part of our Save Environment Activity and Public Image. Tree Plantation at Parijat Society was successful and was able to reach around 300 Residents of the Society.

**Reached : 300 People**



**Housing Societies like Hermitage , Sanghvi , Lodha, Shristi , Shree Krishna , Samarpan Garden, RNA & Hiraco**

**Community Service & Public Image**

**Reached : 323 People. TALK- MAKE YOUR SELF MENTALLY STRONG – 06 Sep 23**

On 6 Sep, for the first time, had the privilege of inviting National Awardee Mrs Abha Dharam Pal, Principal & CEO (Retd), to deliver a talk on MAKE YOURSELF MENTALLY STRONG, for RBK Global School and it's Interact club of RBKGS. It was an eye opener talk, both to Rtn, Interactors, teachers and other students too. Incidentally, that day she was presented by Incredible President, the FIRST memento designed for RCMR. Coincidentally, on this very day, 22 years ago, she had returned from Delhi after receiving the National award. A best way of saluting her.

**Community Service - Youth**



**TALK KARGIL – VALOUR REIGNITED – 10 Sep 23**

Post VIJAY DIWAS, the President of RCB UPTOWN had invited to deliver a talk on KARGIL. At Amulak School, Parel. After the meeting called to order and welcome the talk commenced. The audience were totally engrossed in the eye opener and heart touching talk which was on AV. After the talk QUERY session commenced. Thereafter, he was requested to pin one of the Rtn with PHS-3 pin. Having done, Rtn. Brig Ajit Srivastav (Retd) shared the RCMR CLUB FLAG. Immediately, RCB Uptown Flag too was handed over to him. The event followed by Lunch.

**Reached : 45 People.**



**Community Service - Vocational**



Reached : 36 People

1. Rice- 2 Kg
2. Dal- 1 Kg
3. Aata- 2 Kg
4. Edible Oil- 1 Pouch
5. Jaggery- 1 Kg

### Community Service – Non Medical

### Rotary ka SANSAAR – 24 Sep 23

RCMR conducted induction ceremony ceremoniously in GCC Club. It was accompanied by Seminar ROTARY KA SANSAAR with Chief Guest Av Chair Membership Rtn. Anand Ramnani. The new members inducted were: GHAR WAPSI-Avdesch Khanna, Kalim Khatib and Mahendra Monde. There were three guests- Nirav Mehta, Nirbhay Sinha and Mrs Sinha. Talk by Chief Guest was on ROTARY, then by Rtn. Anand Bhatkal on RCMR and on Projects of RCMR by Rtn. Pramod Puri. The event culminated with High Tea.



Reached : 06 People

### Community Service



Beneficiaries: 02 People.

### Community Service - Medical

### Women During & After – 25 Sep 23

In continuation with the ongoing project, Mrs Anjali Raut and Mrs Asmita Davde, resident in slums of Mahajan wadi delivered a baby girl and Baby Boy respectively. They were presented with the PANCH AMRIT and clothes for child and mother. They were also advised DOs & DONTs too. This act of RCMR brought hope and smile on the faces of the families.

### RBKGS INTERACT CLUB Blood Donation Drive: A Life - saving Success! – 02 Sep 23

The RBKGS Interact Club's Blood Donation Drive was an incredible success, bringing together students, staff, and community members in a life-saving endeavour. With the collective spirit of giving, we managed to collect an astounding 50 bottles of blood, a testament to the compassion and generosity of our school community. The RBKGS Interact Club is committed to promoting life saving initiatives in our community. This successful Blood Donation Drive is a shining example of our dedication to making a positive impact in society. What made this drive particularly special was the participation of not just the school community but also members from the local community who came forward to support our cause. This event fostered a sense of unity and camaraderie among all participants.



Donors : 50 People.

### Community Service - Medical

### Project National Integration – School Fees Paid



Rtn Mala Baijal from RC Mira road was the first to volunteer for contribution toward the School fees of J&K Project National Integration. DG Arun Bhargava recognized her large hearted contribution for the project.

### Connect WORRYING ABOUT DIALYSIS CSR Project A Dialysis A Day



**A CSR Funded – Project “A Dialysis A Day”**  
for Dialysis Patients of Bhaktivedanta Hospital Since 1 Jul 23 till Sep 23.

RC Mira road had taken up an ongoing project known as A Dialysis A Day. A CSR Funded by FAB Tech of Rs. 90K for 90 Dialysis Patients who will be treated at Bhaktivedanta Hospital Mira road.

### Our RCMR Weekly Meeting with Speaker ....



- Capt Rtn. SV Singh: (SIDB Banking. )
- PP. Rtn. Sudhakar Palan: (Blue Dart.)
- Rtn. Balu Waghmare: (On Bio Fuel Generation by Local Farmers)
- Rtn. Kalim Khatib: (Super Helpy-Service Provider.)
- Rtn. Vinod Shukla: (Engineering Department in Airlines.)

### Fellowship at KBC with Big B – 24 Sep 23

RCMR Members Visited KBC Show our RCMR Flag was autographed by Big B



### Fellowship



- ❖ Patra Daan: 15 Oct
- ❖ Rangoli Competition in Slums: 10 Nov
- ❖ Gifting Library Books to Gramin School: 26 Nov
- ❖ Santa Bag: 24 Dec



- ❖ Dental Check up in Gramin School Mahajan wadi.
- ❖ Medical Checkup in Mahajan wadi Slums
- ❖ Aid to Pregnant women During & After
- ❖ Cataract Surgeries for 29 Patients
- ❖ A Dialysis A Day till 30 Jun 24
- ❖ Hearing Checkup



**The Rotary Foundation** transforms your gifts into service projects that change lives both close to home and around the world. Since it was founded more than 100 years ago, the Foundation has spent more than \$4 billion on life-changing, sustainable projects. With your help, we can make lives better in your community and around the world.

**Our mission**

The Rotary Foundation helps Rotary members to advance world understanding, goodwill, and peace by improving health, providing quality education, improving the environment, and alleviating poverty.

**RCMR  
TRF GOAL  
2023 - 24**



**2000**

**Planned  
2 PHF**

In 23-24



*Thank  
you*

*For Contributing*



**17<sup>th</sup> JULY:**

Rs 20,000 {244 \$}

**Wg Cdr Gautam Srivastav**  
(Rtn. Brig. Ajit Srivastav's Son)



**07<sup>th</sup> SEP:**

Rs 20,000 {241 \$}

**Lt Col Siddharth Srivastav**  
(Rtn. Brig. Ajit Srivastav's Son)

**Our Leadership :: District Committee**



**Arun Bhargava**  
District Governor  
Home Club: Mumbai Andheri  
arundg2324@gmail.com



**Rajan Dua**  
Lieutenant Governor  
Home Club: Bombay Hills South  
rajan.dua@dpsbuildhomes.com

**Dilip Shriram Mulay**  
District Trainer  
Home Club: Mumbai Iconic  
dsmulay53@gmail.com

**Vijay M. Sathaye**  
Governor's Core Counsellor  
Home Club: Mumbai Parleshwar  
vms86@hotmail.com

**Kamlesh Kharade**  
Governor's Core Advisor  
Home Club: Mumbai Nariman Point  
kamleshkharade@gmail.com

**Devang N. Goradia**  
Chief Coordinator  
Home Club: Bombay Hills South  
devang@goradiainfotech.com

**Sandip Kedia**  
Conference Chair  
Home Club: Mumbai North End  
rtnsandip2018@gmail.com

**INCREDIBLE OFFICE BEARERS**



**Pres. Rtn. Brig. Ajit Srivastav (Retd) (ID:10712351)**



**Hon. Secy./ PE.  
PN. Rtn. Vivek Damani  
(ID:11522384)**



**IPP.  
Rtn. Dr. Durgesh Aroor  
(ID:10447877)**



**VP.  
Rtn. Pramod Puri  
(ID:8987970)**



**Treasurer.  
Rtn. Mitul Makwana  
(ID: 10301345)**



**Sargent-at-Arms.  
Rtn. Himanshu Tanwar  
(ID:11401640)**



**Medical  
Rtn. Dr. Ashok Shukla  
(ID:11522405)**



**Non-Medical  
PP. Rtn. Chandrahas Palan  
(ID:8448948)**



**International Service  
PP. Rtn. Deepak Chawla  
(ID:2376457)**



**Youth Service.  
PP. Rtn. Dr. Sandhya Raj Mehta  
(ID: 10333299)**



**Rotary Foundation  
PP. Rtn. Narendra Singh  
(ID:9197323)**



**Strategic Planning  
PP. Rtn. Naresh Prabhu  
(ID:5447240)**



**CSR  
Rtn. Bhruvish Shah  
(ID:11052363)**



**Club Trainer  
PP. Rtn. Anand Bhatkal  
(ID:2376452)**



**Dir. Club Service  
Rtn. Avdesh Khanna  
(ID: 9426717)**

**We meet every Saturdays 7:50 PM onwards**

**BOD Meeting : First Saturday**

**Regular Meeting : (TWO) @ Second & Third Saturday**

**Fellowship : Fourth Saturday**



**Address of Rotary Centre :**

Shop No. 1 Dreamland Bldg. Vijay Park Gokhul Dham Rd.  
Mira Road (East) Thane, 401107, India Maharashtra



**Email Address**

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ABOUT US

